



DIP DE GUACAMOLE NATURAL

Homemade guacamole served with nachos or plantain chips (garnished with black sesame seeds and sprouts). \$15.900

QUESO PAPIALPA ASADO

Grilled papialpa cheese served with a red berry jam.

\$18,900

DIP DE HUMMUS

Homemade Middle Eastern-style hummus served with nachos, plantain chips, or pita bread. Garnished with olive oil, paprika, crispy chickpeas, and sprouts.

\$15.900

DIP DE ESPINACA Y QUESO

Spinach blended with cream cheese, heavy cream, mozzarella, and nutmeg. Served with plantain chips or nachos.

\$24.900

CROQUETAS DE PESCADO

Baked tilapia fish croquettes (150 g.) breaded in panko, served over avocado and homemade hummus.

\$25,900

OUESO PAPIALPA AL PESTO

Grilled papialpa cheese topped with house pesto sauce (contains nuts), honey, balsamic reduction, almonds, cherry tomatoes, and sprouts.

\$26,900

OUESO PAPIALPA DE FRUTOS ROJOS

Grilled papialpa cheese covered in red berry jam, honey, nuts, blueberries and strawberries.

\$26.900

NACHOS TEXMEX (2-3 PERSONS)

Nachos with black beans sautéed in chipotle sauce, 150 g. slow-cooked shredded beef (9 hours), guacamole, pico de gallo, and ranch dressing.

\$34.500

PAPAS ARRUGADAS AL HORNO (1-2 PERSONS)

Oven-roasted criolla potatoes (180 g.) with caramelized bacon, served with smoked paprika mayonnaise.

\$22,900

CEVICHE DEL PACÍFICO

Shrimp (200 g.) in Pacific-style sofrito, over a bed of guacamole with golden berries, pickled onions, and crunchy corn. Served with plantain chips.

\$36.900

BURRATA MEDITERRÁNEA (1-2 PERSONS)

Roasted peaches, pumpkin seeds, and basil leaves on top of buffalo burrata (160 g.) drizzled with house spicy honey and sea salt crystals. Served with multigrain sourdough bread.

\$41,900

TARTAR DE SALMÓN (1-2 PERSONAS)

Fresh salmon (150 g.) in Japanese mayonnaise and a hint of citrusy sriracha, served on a bed of house guacamole. Accompanied by pita bread.

\$38,900













VEGAN

BOWL CROQUETAS DE FRIJOL NEGRO

Vegetarian croquettes (150 g.) made of black beans, almonds, and brown rice, served with hummus, crispy chickpeas, paprika, cauliflower, roasted squash, avocado, black sesame seeds, and toasted almonds.

Accompanied by tahini dressing.

\$36,900

MIXTO CROQUETAS & PASTA 4 QUESOS

Vegetarian croquettes (150 g.) (black beans, almonds, and brown rice) in Italian sauce, artisan rigatoni pasta in four-cheese sauce with Parmesan, and a mixed salad (greens, red onion, cherry tomato, and pesto sauce).

(Contains nuts)

\$34.500

VEGAN

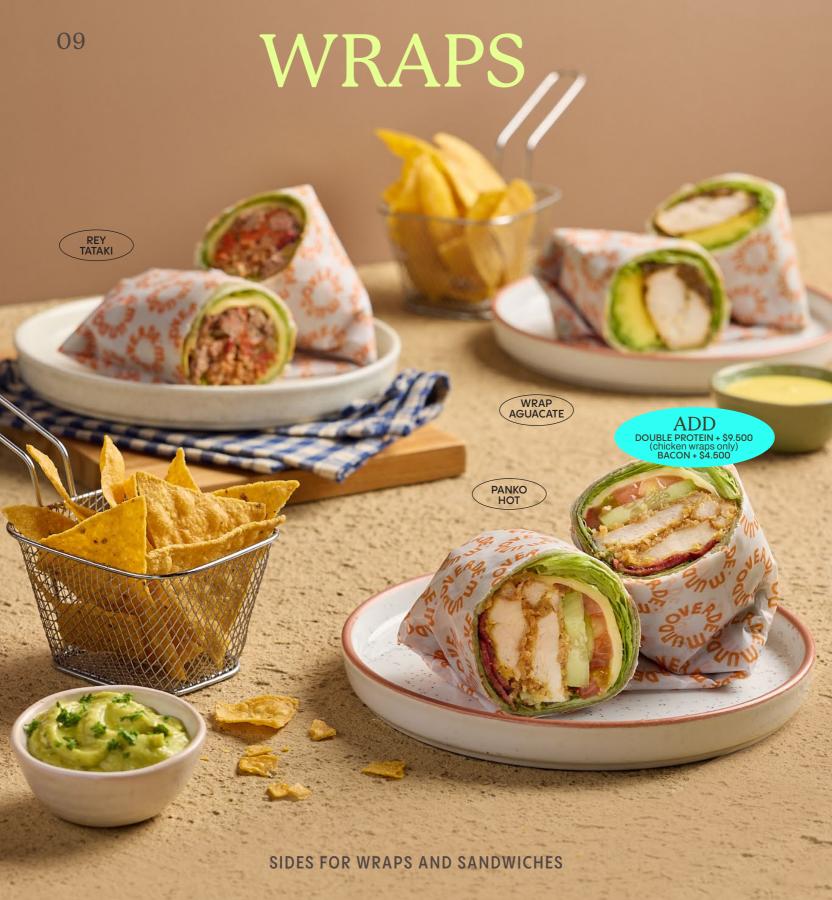
BOWL CURRY ROJO A A

Sautéed chickpeas, mushrooms, cauliflower, and roasted squash in spicy red curry, served with a fresh salad of radish, cucumber, cherry tomato, and red onion dressed with lemon vinaigrette.

\$34.900







ENSALADA DE LA CASA

Mixed greens, cherry tomato, caramelized onion, Parmesan cheese, and balsamic vinaigrette.

COLESLAW

White and purple cabbage salad with carrot, pineapple chunks, cilantro, and Mundo Verde dressing.

ENSALADA CÉSAR

Mixed greens, croutons, Parmesan cheese, and blue cheese dressing.

ENSALADA EQUILIBRIO

Mixed greens, tomato concasse, carrot, sweet corn, and poppy & sesame seed vinaigrette.

POTATO CHIPS + \$3.000

PLANTAIN CHIPS + \$3.000

NACHOS + \$3.000

Panko-breaded chicken (200 g.) in house BBQ sauce, fresh tomato, mozzarella cheese and lettuce. \$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP TERIYAKI

Panko-breaded chicken (200 g.) with sesame seeds, fresh tomato, mozzarella cheese, lettuce and teriyaki \$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP MUNDO VERDE

Steamed chicken breast with fine herbs, fresh tomato, mozzarella cheese, lettuce and Mundo Verde sauce.

W/ COOKED CHICKEN (180 G.) / W/ GRILLED CHICKEN (200 G.) \$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP AGUACATE

Steamed chicken breast with fine herbs, avocado, caramelized onion, lettuce and Mundo Verde sauce.

W/ COOKED CHICKEN (180 G.) / W/ GRILLED CHICKEN (200 G.) \$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP CÉSAR

Steamed chicken breast with fine herbs, Parmesan cheese, croutons, lettuce and blue cheese sauce.

W/ COOKED CHICKEN (180 G.) / W/ GRILLED CHICKEN (200 G.) \$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP POLLO NARANJA

Panko-breaded chicken (220 g.) in orange-ginger sauce, mozzarella cheese and lettuce. \$35.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

WRAP COLOMBIANO

Slow-roasted shredded beef (150 g. – 9-hour cooking), Thai sauce, avocado, bell pepper, grilled onion, spinach, fresh tomato, crispy onion, and ripe plantain.

\$36.900 (w/ bacon +\$4.500)

NEW WRAP POLLO PANKO HOT

Panko-breaded chicken (200 g.) in house spicy honey, bacon, mozzarella cheese, lettuce, tomato and fresh cucumber.

\$36.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

NEW WRAP REY TATAKI

Tataki beef tenderloin (140 g.) sautéed with grilled onion and roasted bell pepper, mozzarella cheese and crispy onion.

\$37.900 (w/ bacon +\$4.500)

SANDWICHES

SÁNDUCHE BLT

Multigrain bread, grilled chicken (180 g.), roasted tomatoes, bacon, avocado, lettuce, and chipotle mayonnaise.

\$37.900 (w/ bacon +\$4.500 | w/ double chicken +\$9.500)

SANDUCHE CARNE DESMECHADA

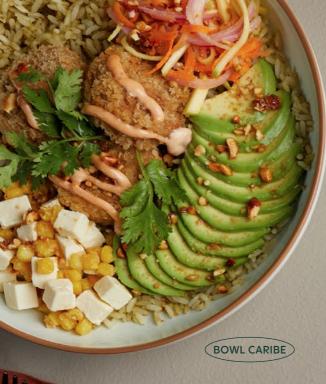
Multigrain bread, shredded beef (150 g.), mozzarella cheese, roasted tomatoes, grilled onion, spinach, and MV sauce.

\$37.900 (w/bacon +\$4.500)

SÁNDUCHE PHILLY CHEESE STEAK

Multigrain sourdough bread toasted with rosemary butter, thin-sliced beef, grilled onion, mushrooms, American cheese, and mayonnaise.

\$37.500 (w/bacon +\$4.500)



CHOOSE YOUR BASE:

CILANTRO-LIME RICE

PREMIUM ORGANIC ROYAL QUINOA LEAFY GREENS

SPINACH

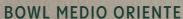
CREAMY BASE

THAI CREAMY BASE \$4.900

MEDITERRANEAN CREAMY BASE

\$3.500

CURRY CREAMY BASE \$3.500



Grilled chicken breast (180 g.), natural hummus with paprika, roasted cauliflower and eggplant drizzled with balsamic reduction, fresh salad of cherry tomato and red onion with lemon vinaigrette, crispy chickpeas, and pita bread. Served with tahini dressing.

\$39.900

BOWL POLLO Y FRIJOLES

Grilled chicken breast (180 g.), sautéed red beans with garlic, zucchini, spinach, and basil, avocado, tomato concasse, black and white sesame seeds with poppy & sesame seed vinaigrette.

\$38.900

BOWL SALMÓN Y AGUACATE

Baked salmon (150 g.) with a mix of tomatoes, avocado, sesame seeds, nori seaweed, and fine herb vinaigrette.

\$43.900

BOWL CARIBE

Panko-breaded tilapia croquettes (150 g.), avocado, mango mix with pickled red onion and carrot, sautéed corn in butter with fresh farmer's cheese. Served with chipotle mayonnaise.

\$39.900

BOWL MITIERRA

Steamed chicken breast (180 g.) with fine herbs, sautéed red beans with garlic, basil, and grilled onion, pico de gallo, avocado, black sesame seeds, corn kernels, cherry tomatoes with poppy & sesame seed vinaigrette.

\$39.900







Sautéed beef or pork tenderloin with garlic, ginger, and soy sauce, served with avocado, cubed mozzarella, nachos, red beans sautéed with pico de gallo, chipotle sauce, and a side of guacamole.

W/ PORK (150 g.) \$38.900 W/ BEEF (150 g.) \$39.900

BOWL ORIENTAL

Beef or pork tenderloin with soy sauce, ginger, sesame seeds, and crispy lentils, served with sautéed zucchini, broccoli, corn, cherry tomatoes, avocado, black sesame seeds, crispy onion, and teriyaki reduction.

W/ PORK (150 g.) \$38.900 W/ BEEF (150 g.) \$39.900



BOWL PESTO

MI TIERRA

Grilled chicken breast (180 g.) covered in pesto sauce with a sauté of roasted tomato, grilled onion, cooked chickpeas, zucchini, broccoli, and fresh farmer's cheese. Served with pesto sauce (contains nuts).

\$39.900





SPECIALS

SOLOMITO DE CERDO EN MIEL DE VINO

Seared pork tenderloin (170 g.) glazed with wine-honey, served on a bed of criolla potato purée infused with rosemary butter, with a bacon crumble and sautéed cherry tomatoes, broccoli, and zucchini with a touch of garlic and white wine.

\$40.900

ESPECIAL DE POLLO AL CURRY 66

Chicken breast (180 g.) in red curry (coconut milk) with broccoli, mushrooms, corn, avocado, served over quinoa or cilantro-lime rice. \$43.900

SOLOMITO EN SALSA CHIMICHURRI

Beef tenderloin medallion (170 g.) with house chimichurri, on a bed of pomodoro sauce, accompanied by leafy greens, criolla potato chips, crispy leek, and carrot threads.

\$43.900

SALMÓN ENCOSTRADO EN SALSA DE NARANJA

Crusted salmon (150 g.) in quinoa with citrus notes, on a bed of criolla potato purée infused with rosemary, in a pool of oriental orange sauce, served with leafy green salad, cherry tomatoes, crispy lentils, and Brazil nuts.

\$47.900

ESPECIAL DE SOLOMITO ENCOSTRADO

Beef tenderloin (170 g.) crusted in black and white sesame, with rosemary butter, served over a Mediterranean creamy cilantro-lime tomato rice, and Caesar salad.

\$47.900

ESPECIAL DE SALMÓN Y QUINOA ASIÁTICA

Grilled salmon (150 g.) with soy sauce, sesame oil, garlic, and ginger, served over creamy peanut-sauce quinoa, with grilled zucchini, broccoli, mushrooms, avocado, and mango ceviche (mango, tomato, red onion, cilantro, and lime).

\$49.900

NEW ESPECIAL SOLOMITO POSTA

Beef tenderloin (170 g.) in posta sauce (slow-cooked for 22 hours), served on a bed of eggplant hummus, with oven-roasted papas arrugadas and roasted vegetables (tomatoes, shallots, broccoli).

Served with roasted pepper sauce.

\$43.900

NEW ESPECIAL DE ATÚN 🏟

Fresh tuna (150 g.) crusted in black and white sesame, in yellow chili sauce, accompanied by leafy greens, pickled shallots, mango, avocado, and poppy & sesame seed dressing.

\$42.900

NEW ESPECIAL DE PECHUGA MEDITERRÁNEA

Grilled chicken breast (180 g.) stuffed with serrano ham, tomato, and mozzarella cheese, served over a corn and cheese fondue, with crispy leek and salad of leafy greens, green apple, mango, orange, and mint-infused natural yogurt vinaigrette.

\$47,900

NEW ESPECIAL BEEF MUNDO VERDE

Beef tenderloin (170 g.) crusted in black and white sesame, finished with house teriyaki sauce. Served with leafy greens in red wine vinaigrette, blue cheese, caramelized nuts, cherry tomatoes, and crispy leek.





SIZES 16

1 sauce

1 cheese

2 fruits

3 vegetables

+\$4.900

+\$3.500

+\$3.500

1 sauce

SMALL MEDIUM LARGE (\$33.900) (\$36.900) (\$41.900) NEW 1 base 4 vegetables 1 base 1 topping 2 fruits 1 base 4 vegetables 1 protein 1 protein 1 crunch

1 BASE CREAMY BASE

CILANTRO-LIME RICE

PREMIUM ORGANIC ROYAL QUINOA

LEAFY GREENS

SPINACH

THAI CREAMY BASE

MEDITERRANEAN CREAMY BASE

CURRY CREAMY BASE ♠

SPINACH

1 topping

2 PROTEIN

1 protein

1 sauce

Panko chicken Chicken in chimichurri Tataki tenderloin +\$8.900 Grilled chicken Chicken in spicy honey Shrimp +\$12.900 Herb-steamed chicken +\$12.900 Beef meatballs Salmon BBQ chicken Oriental pork tenderloin Fresh tuna +\$12.900 Chicken in Thai sauce Fish croquettes Shredded beef +\$8.900 Chicken in curry sauce **Roast Beef** +\$8.900

VEGETARIAN PROTEIN

Middle Eastern hummus Chickpeas Black beans Bean croquettes 3 TOPPING

Crispy onion
Caramelized onion
Grilled onion
Zucchini
Ripe plantain
Roasted tomato

Pickled onion Roasted squash

4 CHEESE

Mozzarella Farmer's cheese Parmesan **5** CRUNCH

Croutons
Sesame seeds
Sliced almonds
Walnuts
Crispy chickpea

Crispy chickpeas
Crispy lentils

6 VEGETABLES

Cucumber
Cherry tomato
Heirloom tomato
Sweet corn
Avocado
Broccoli

Roasted mushrooms

Red onion Carrot

7 FRUITS

Mango Strawberry Orange Apple 8 SAUCE

Fine herbs
Pesto (contains nuts)
Ranch dressing
Balsamic reduction
Teriyaki reduction

Mundo Verde sauce Blue cheese Poppy & sesame vinaigrette Balsamic vinaigrette Guacamole Olive oil Smoked pepper Soy mayonnaise





CHOOSE THE JUICE (WITH WATER OR MILK)

STRAWBERRY / MANGO / BLACKBERRY / LULO / SOURSOP / PASSION FRUIT / PINEAPPLE / LEMONADE

CHOOSE THE SIDE

ENSALADA DE LA CASA

Leafy greens, cherry tomato, caramelized onion, Parmesan cheese, and balsamic vinaigrette..

POTATO CHIPS +\$3.000

ENSALADA CÉSAR

Leafy greens, croutons, Parmesan cheese, and blue cheese dressing.

> PLANTAIN CHIPS +\$3.000

ENSALADA EQUILIBRIO

Leafy greens, tomato concasse, carrot, sweet corn, and poppy & sesame seed vinaigrette.

NACHOS +\$3.000

POLLO PANKO

Panko-breaded chicken (150 g.) served with half a green apple and honey. \$29.900

POLLO COCIDO

Cooked chicken (180 g.) served with half a green apple and honey. \$31.700

ROLLITO DE POLLO COCIDO

Herb-steamed chicken (180 g.), flour tortilla, mozzarella cheese, served with half a green apple and Mundo Verde sauce.
\$32.900

ROLLITO DE POLLO PANKO

Panko-breaded chicken (150 g.) in a flour tortilla with mozzarella cheese served with half a green apple and Mundo Verde sauce. \$32.900





Good food!

DRINKS

HATSU

HATSU SPARKLING WATER \$6.900 HATSU STILL WATER 300 ML \$6.900 BRETAÑA SPARKLING WATER \$6.900 HATSU TEA \$11.300

OTRAS BEBIDAS

MR TEA	\$6.900
MR TEA LIGHT	\$6.900
PEPSI ZERO	\$6.900

BEERS

HEINEKEN	\$11.900
3 CORDILLERAS MESTIZA	\$12.900
3 CORDILLERAS ROSÉ	\$12.900
SOL	\$12.900

NUEVO

House-Made Natural Sodas

CUCUMBER	\$13.900
TAMARIND	\$13.900
YELLOW FRUITS	\$13.900
HIBISCUS FLOWER	\$13.900

SODAS WITH Bretaña

PASSION FRUIT	\$13.900
WATERMELON	\$13.900
KIWI & FEIJOA	\$13.900
CHULUPA / PINEAPPLE	\$13.900
LYCHEE	\$13.900

HERBAL INFUSIONS

CUCUMBER	\$5.900
YELLOW FRUITS	\$5.900
HIBISCUS FLOWER	\$5.900
ANTI-COLD BLEND	\$5.900

NON-ALCOHOLIC COCKTAILS

LIMONADA ROSÉ

Lemon, Juniper rose, syrup, blackberry, and strawberry.

COCO Y HIERBABUENA

Lemon, pineapple juice, mint, dried coconut, syrup, and coconut Juniper. \$15.900

JENGIBRE Y MARACUYÁ

Ginger & Passion Fruit Lemon, passion fruit, syrup, ginger \$15.900

COCKTAILS WITH ALCOHOL

MOSCOW MULE	\$28.900
GIN TONIC	\$28.900
MARGARITA	\$25.900
MOJITO DE COCO	\$26.900



FRUIT SMOOTHIES

FUNCTIONAL SMOOTHIES

\$11.200 ESPIRULINA Y AGUACATE Almond milk, spirulina, cacao nibs, Hass avocado, dates, and salt. ALMENDRAS Y BANANO Almond milk and almond butter, banana, dates, salt, and cacao. \$14.800 CACAO Y AGUACATE Almond milk, cacao, banana, avocado, dates, cacao nibs, and salt. \$12.800 FRESAS Y ARÁNDANOS Almond milk, strawberry, banana, blueberries, and dates, \$12.900



Whey protein isolate, sugar-free, grass-fed certified, free of saturated fats, chemicals, and artificial flavors. 26 grams of protein per serving.

\$11.900

+\$10.900

FRUIT SMOOTHIES

\$11.900 IN WATER \$12.500 IN KUMIS (RECOMMENDED)) IN LACTOSE-FREE MILK \$12.500

ENERGÍA / MANGO, BANANA & APPLE VERDE / PASSION FRUIT & MINT ROJO / STRAWBERRY & BLACKBERRY AMARILLO / MANGO, BANANA & GINGER ROSADO / STRAWBERRY & BANANA PASIÓN / STRAWBERRY & MANGO

TROPICAL / PINEAPPLE, STRAWBERRY, LEMON & BANANA

JUICES IN WATER

IN LACTOSE-FREE MILK IN ALMOND MILK

LEMONADES CLASSIC LEMONADE MINT LEMONADE





TORTA DE BANANO

Banana sponge cake with chocolate chunks and a generous chocolate ganache topping. \$12.900

BROOKIE VOLCÁN

Chocolate chip cookie combined with a Milo and chocolate brownie mix. Served with a scoop of vanilla ice cream and warm arequipe sauce. A flavor explosion!

\$12,900

TORTA DE YOGUR ARTESANAL

Handcrafted yogurt-based cake, fluffy and subtly sweet. Perfect for lovers of light flavors. \$12.900

TORTA DE ZANAHORIA

Delicious carrot cake filled with arequipe, topped with a smooth lemon cheesecake cream, lemon zest, and a crunchy touch of almonds.

\$12.900

TARTA RAW VEGANA DE CHOCOLATE (GLUTEN FREE, VEGAN & SUGAR FREE)

Raw vegan chocolate tart with a crust of nuts and dates, filled with pure cacao. A nutritious, intense, and delicious \$14.900

NEW TARTA VASCA (SUGAR FREE)

Classic and creamy Basque cheesecake with a subtle caramelized finish. Its soft center and silky texture melt in your mouth. A refined, sugar-free option for the most discerning palates.

\$15.900

TORTA DE CHOCOLATE (SUGAR FREE)

Moist, fluffy chocolate cake with arequipe, made without refined sugar.

A guilt-free twist on a classic.

\$15.900

NUEVO BROWNIE DUBAI DE PISTACHO (SUGAR FREE)

Artisan brownie made with dark chocolate and premium pistachio paste, refined sugar-free. Moist, intense, with exotic notes reminiscent of Middle Eastern flavors. A healthy indulgence.

\$15.900

TORTA VEGANA SNICKERS

Vegan chocolate cake filled with peanut cream and vegan arequipe, topped with crunchy peanut chunks.



WAFFLES



WAFFLE MIX

Nutella, arequipe, fresh strawberries, and banana.

WAFFLE DE AREQUIPE Y FRESAS WAFFLE DE AREQUIPE Y BANANO WAFFLE DE NUTELLA Y FRESAS WAFFLE DE NUTELLA Y BANANO

